

# North American Association of Benedictine Oblates NAABOD

## Ongoing Formation Links

Oblate Spring, <http://oblatespring.com/index.htm>

Order of St. Benedict, [www.osb.org](http://www.osb.org)

Oblate Forum, [www.oblateforum.org](http://www.oblateforum.org)

New American Bible online, [www.usccb.org/nab/bible](http://www.usccb.org/nab/bible)

Hymns online, [www.cyberhymnal.org](http://www.cyberhymnal.org)

Online Oblate Chapter of Yankton,  
[www.yanktonbenedictines.org/oblates booc intro.html](http://www.yanktonbenedictines.org/oblates_booc_intro.html)

St. Benedict's Toolbox Annex, <http://www.stbenedictstoolbox.org/retreats.html>

Fr. Albert Holtz, OSB, Oblate Director for Newark Abbey publishes a Blog with spiritual reflections (about once a week). You can get them on  
<http://downtownmonks.blogspot.com>

Homilies on Benedictine spirituality from WEDO radio, hosted by John James, oblate of Saint Vincent Archabbey, are now available on the web site  
[wedoradio@comcast.net](mailto:wedoradio@comcast.net)

One may also access these homilies at [www.frdonald.wedo810.com](http://www.frdonald.wedo810.com)

Give Us This Day is a new personal prayer periodical from Liturgical Press. Monthly publication begins in August. Free sample copies are available. Visit them at  
[www.giveusthisday.org](http://www.giveusthisday.org)  
or call 1-800-858-5450.

## **Benedict & Benedictine Spirituality**

St. Benedict and His Order: A Brief History

Benedictine Spirituality

Books on Benedictine Spirituality

Benedictine Spirituality

Life Under the Benedictine Rule

St. Benedict's Toolbox Annex, <http://www.stbenedictstoolbox.org>

Christine Valters Paintner, Ph.D., an Oblate with St. Placid Priory in Lacey, WA offers a variety of online classes integrating monastic spirituality and the arts. She also offers a free 7-day e-course on being a monk in the world. Her online class, "Way of the Monk, Path of the Artist, will be offered again beginning January 17, 2011. Published as a book by Ave Maria Press under the title, "The Artist's Rule: Nurturing Your Creative Soul with Monastic Wisdom," it will be available in July 2011. For more information and details, visit [www.abbeyofthearts.com](http://www.abbeyofthearts.com)

## **Rule of Benedict: Study & Reflection**

A bibliography for the study of the RB.

The Rule of Saint Benedict

The Rule of Saint Benedict

The Rule of St. Benedict - The Monastery of Christ in the Desert

Text of the Rule of Benedict

Daily Reflections on the RB by Joan Chittister

The Rule of Benedict and Environmental Stewardship by Abbot John Klassen, OSB

The Rule of Benedict: Insights for the Ages

St. Benedict's Toolbox Annex, <http://www.stbenedictstoolbox.org/>

St. Benedict: Hidden Meanings in His Story

St. Scholastica: Finding Meaning in Her Story

## **LOH**

Liturgy of The Hours

Universalis - LOH - today

Introduction to Medieval Christian Liturgy: The Liturgy of the Hours

General Instruction of the Liturgy of the Hours

Liturgy of the Hours Apostolate

Morning Prayer - Psalm & Reading Schedule

Noon Praise - Psalm & Reading Schedule

Evening Prayer - Psalm & Reading Schedule

PODCAST of LOH - Benedictine Sisters of Perpetual Adoration - Tuscon, AZ

[www.universalis.com](http://www.universalis.com) for those who wish to pray the Liturgy of the Hours from the computer and to learn other information about a given day's liturgy.

## ***Lectio***

The practice of 'holy reading'

The Lectio Divina Home Page

American-Cassinese Congregation, Renew and Create (1969).

The Cloud of Unknowing, chapter 35 (anonymous 14th-century English author).

Luke Dysinger, OSB, Accepting the Embrace of God: The Ancient Art of Lectio Divina (1990).

From The Nine Ways of Prayer of St. Dominic (1260-1288).

Abbot General Bernardo Olivera, OCSO, Letter on Lectio Divina (1993).

Some Excerpts from the Rule of Benedict.

Abbot Armand Veilleux, OCSO, Lectio Divina as School of Prayer among the Fathers of the Desert (1995). From William of St. Thierry (d. 1148).

Readings and Psalms for the Month

The New American Bible

Lectio Readings for the current month